

CHART OF EFFECTS OF SPINAL MISALIGNMENTS

Every area of the body is controlled by nerves. The normal function of these nerves

can be disturbed by misalignment of vertebrae causing disease conditions

VERTEBRAE	AHEAD	EFFECTS
1C	Blood supply to the head, the pituitary gland, the scalp, bones of the face, the brain itself, inner and middle ear, the sympathetic nervous system.	Headaches, nervousness, insomnia, head colds, high blood pressure, migraine headaches, mental conditions, nervous breakdowns, amnesia, sleeping sickness, chronic tiredness, dizziness or vertigo, St. Vitus dance.
2C	Eyes, optic nerve, auditory nerve, sinuses, mastoid bones, tongue, forehead.	Sinus trouble, allergies, crossed eyes, deafness, erysipelas, eye troubles, earache, fainting spells, certain cases of blindness.
3C	Cheeks, outer ear, face bones, teeth, trifacial nerve.	Neuralgia, neuritis, acne or pimples, eczema
4C	Nose, lips, mouth, eustachian tube.	Hay fever, catarrh, hard of hearing, adenoids
5C	Vocal cords, neck glands, pharynx.	Laryngitis, hoarseness, throat conditions like a sore throat or quinsy.
6C	Neck muscles, shoulders, tonsils.	Stiff neck, pain in upper arm, tonsillitis, whooping cough, croup.
7C	Thyroid gland, bursae in the shoulders, the elbows.	Bursitis, colds, thyroid conditions.
11	Arms from the elbows down, including the hands, wrists and fingers, also the esophagus and trachea.	Asthma, cough, difficult breathing, shortness of breath, pain in lower arms and hands.
21	Heart including its valves and covering, also coronary arteries.	Functional heart conditions and certain chest pains.
31	Lungs, bronchial tubes, pleura, chest, breast, nipples.	Bronchitis, pleurisy, pneumonia, congestion, influenza.
41	Gall bladder and common duct.	Gall bladder conditions, jaundice, shingles.
51	Liver, solar plexus, blood.	Liver conditions, fevers, low blood pressure, anemia, poor circulation, arthritis.
61	Stomach.	Stomach troubles including nervous stomach, indigestion, heart burn, dyspepsia.
71	Pancreas, islands of Langerhans, duodenum.	Diabetes, ulcers, gastritis.
81	Spleen, diaphragm.	Hiccoughs, lowered resistance.
91	Adrenals or supra-renals.	Allergies, hives.
101	Kidneys.	Kidney troubles, hardening of the arteries, chronic tiredness, nephritis, pyelitis.
111	Kidneys, ureters.	Skin conditions like acne, pimples, eczema, or boils.
121	Small intestines, Fallopian tubes, lymph circulation.	Rheumatism, gas pains, certain types of sterility.
11	Large intestines or colon, inguinal rings.	Constipation, colitis, dysentery, diarrhea, ruptures or hernias.
21	Appendix, abdomen, upper leg, cecum.	Appendicitis, cramps, difficult breathing, acidosis, varicose veins.
31	Sex organs, ovaries or testicles, uterus, bladder, knee.	Bladder troubles, menstrual troubles like painful or irregular periods, miscarriages, bed wetting, impotency, change of life symptoms, many knee pains.
41	Prostate gland, muscles of the lower back, sciatic nerve.	Sciatica, lumbago, difficult, painful, or too frequent urination, backaches.
51	Lower legs, ankles, feet, toes, arches.	Poor circulation in the legs, swollen ankles, weak ankles and arches, cold feet, weakness in the legs, leg cramps.
SACRUM	Hip bones, buttocks.	Sacro-iliac conditions, spinal curvatures.
COCCYX	Rectum, anus.	Hemorrhoids or piles, pruritus or itching, pain at end of spine on sitting.

For further explanation of the disease conditions shown above, and information about those not shown, ask your Doctor of Chiropractic.